
Sahaj Marg Study Group

Set 5: Teachings of Lalaji and Babuji

Introduction

Contents

The program has eight sessions. It is ideally offered as a once a week meeting. Each session may be an hour long. Participants will be provided with photocopies of the study material. Each one is expected to read the material. One or two participants may be pre-selected to be the primary presenters for a session. The others may participate in the discussions. The moderators are expected to guide the discussion. The study material is a selection from an article written by Clark Powell (<http://www.srcm.org/literature/eastwest.html>) Truth Eternal and My Master.

The Eight sessions

1. Introduction and Eastern Heart and Western Mind.
2. About Lalaji – Reading from Truth Eternal
3. About Babuji – Reading from Autobiography of Ram Chandra
4. The way of the spirit - (My Master, Page 79-99)
5. Approach to Reality - (My Master, Page 101-118)
6. The role of the Guru - (My Master, Page 119-144)
7. Spiritual Experiences - (My Master, Page 145-154)
8. The Gift of liberation - (My Master, Page 155-172)